



## **Rock Solid Character (RSC)**

### **One-Day School Program Schedule**

- A school official contacts the RSC office in Huntsville, TX for information about the RSC Program and books a specific date or dates. It may be a half-day program (210 students), a full day program (425 students) or multiple day programs (depending on the number of students).
- A contract is sent along with information concerning the logistics and a copy of the "Release Form" (written in English and Spanish) that each student must have signed prior to the RSC Program. A pre and post lesson plan is also sent for teachers to prepare the students for the character program beforehand and to reinforce the lesson afterward.
- The school sends a schedule to RSC outlining the number of students for each allotted time period (up to six one-hour sessions for a full day).
- The RSC team of three usually leaves Huntsville the evening before the event and stays overnight at a local motel near the school.
- The RSC team departs the hotel and arrives at the school at least 30 minutes prior to the first presentation to begin setup.
- Each group (up to 70 students) gathers around the rock, and a 15 minute character lesson begins, likening the handholds on the rock to "The 7 Handholds of Character." A demonstration of proper climbing technique is presented.
- Students (K – 8) are then put into UIAA approved harnesses and given the opportunity to climb the character rock. Teachers are encouraged to participate with the students.
- Following the climbs there is a short session to reinforce the lesson and each student receives a RSC sticker, a character card, parent pamphlet (written in English and Spanish) and a "Gripper's Gazette" newspaper.
- The students are then dismissed and the team prepares for the next group.